

EPIPHANY 5

4 February 2024

HYMNS

134 Praise my soul the king of heaven
717 Give Thanks
210 O For A Thousand Tongues



SENTENCE

Those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles.

COLLECT

Saving God, whose Son, Jesus Christ, healed the sick and brought them wholeness of body and mind: inspire us, his disciples, so that we may constantly proclaim his gospel by our words and by the dedication and integrity of our lives; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

READINGS

A reading from the prophet Isaiah:

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, 'My way is hidden from the Lord, and my right is disregarded by my God'? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth.

He does not faint or grow weary; his understanding is unsearchable.
He gives power to the faint, and strengthens the powerless.
Even youths will faint and be weary, and the young will fall exhausted;
but those who wait for the Lord shall renew their strength, they shall mount
up with wings like eagles,
they shall run and not be weary, they shall walk and not faint.

Isaiah 40.21-31

Hear the word of the Lord, **thanks be to God.**

We say the verses from Psalm 147 alternately: *(St Aidan's & Transfiguration only)*

Alleluia. How good it is to make music for our God, how joyful to honour
him with praise.

The Lord builds up Jerusalem and gathers together the outcasts of Israel.

He heals the brokenhearted and binds up all their wounds.

He counts the number of the stars and calls them all by their names.

Great is our Lord and mighty in power; his wisdom is beyond all telling.

The Lord lifts up the poor, but casts down the wicked to the ground.

Sing to the Lord with thanksgiving; make music to our God upon the lyre;

Who covers the heavens with clouds and prepares rain for the earth;

Who makes grass to grow upon the mountains and green plants to serve our
needs.

He gives the beasts their food and the young ravens when they cry.

He takes no pleasure in the power of a horse, no delight in human strength;

**But the Lord delights in those who fear him, who put their trust in his
steadfast love.**

Psalm 147.1-11

A reading from Paul's first letter to the Christians in Corinth:

If I proclaim the gospel, this gives me no ground for boasting, for an
obligation is laid on me, and woe betide me if I do not proclaim the gospel!
For if I do this of my own will, I have a reward; but if not of my own will, I
am entrusted with a commission. What then is my reward? Just this: that in
my proclamation I may make the gospel free of charge, so as not to make
full use of my rights in the gospel. For though I am free with respect to all, I
have made myself a slave to all, so that I might win more of them. To the
Jews I became as a Jew, in order to win Jews. To those under the law I
became as one under the law (though I myself am not under the law) so
that I might win those under the law. To those outside the law I became as
one outside the law (though I am not free from God's law but am under

Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, so that I might by any means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

1 Corinthians 9.16-23

Hear the word of the Lord, **thanks be to God.**

Alleluia, alleluia!

He bore our sickness, and endured our suffering.

Alleluia!

The Lord be with you. **And also with you.**

The Gospel of our Lord Jesus Christ according to St Mark

Glory to you Lord Jesus Christ

As soon as Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sunset, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, 'Everyone is searching for you.' He answered, 'Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do.' And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Mark 1.29-39

This is the Gospel of the Lord, **praise to you Lord Jesus Christ.**

PRAYERS

Church: The Oak Tree Parish of St Mary's Caulfield with St Clement's Elsternwick (Mark Juers, Andrew Stewart, Karen Winsemius); The Diocese of Bunbury (Bp Ian Coutts, Clergy & People); Authorised Stipendiary Lay Ministers; The Anglican Church of South America (Abp Nicholas Drayson); St Mary's West Perth.

Parish: Give thanks for our parish leadership: Ps Sharon, Fr Irwin & Fr Barry, the Church Wardens and Parish Council, and the leaders of parish groups and teams; and pray that they may be inspired by the leadership of Jesus

For the sick & in need, and those who have ongoing need for strength, courage and peace of heart, mind and soul in their journey: Keiran & Paul, Deirdre B, John & Barbara B, Lorraine D, Helen & Geoff D, John F, Nan L, Jane & Peter M, Barbara McN, Janet N, Pauline R, Jenny S, Mary & Ian S, Ray & Marion W, Boris Z and those known to us in need of our prayers.

Year's Mind

2nd Eric Davis (2001), Joan Bruce (2017)

Birthdays

4th Mary Freijah
10th Alan Anderson